

MAHIMA NAGPAL

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CAREER VISION

In quest of challenging assignments in the field of Psychology to work upon the mental health of the Human beings and to bring about a positive change in society

PERSONALITY

My strengths include sound communication and analytical skills. I believe in achieving results against all odds. I have a good positive attitude and believe in teamwork. I am a dedicated & devoted person and have a highly motivated approach.

Skills

- Sound Communication Skills
- Good Analytical skills
- Proactive Approach
- Result Oriented

Education Credentials

EDUCATION/ DEGREE	UNIVERSITY/ BOARD	DURATION	CGPA/ %	SPECIALISATIONS
PhD Psychology	Manav Rachna University	2023 – Present	Pursuing	Research Methodology, Quantitative Techniques, Research & Publication Ethics, Developmental Psychology, Counseling Psychology, Organizational Behavior, Psychological Disorders
Post Graduate Diploma in Guidance in Counseling	Jamia University	2023 – Present	Pursuing	Psychological basis of Guidance and Counseling, Essentials of Guidance And Counseling, Mental Health and Adjustment, Career Development, Assessment and Appraisal in Guidance and Counseling, Stress and Conflict Management

M. A. Clinical Psychology	Amity University	2020 – 2022	8.93	Neuropsychological Testing, Neuropsychology, Forensic Psychology, Developmental Psychology, Developmental Psychopathology, Dialectical Behavioral Therapy, Cognitive Behavioral Therapy and Psychodynamic Therapy, SPSS, Statistic and Research Methods
B.A. (H) Psychology	Delhi University	2017 – 2020	7.5	Counseling Psychology, Community Psychology, Organizational Behavior, Statistics, Health Psychology, Developmental Psychology, Psychological Disorders
XII	CBSE	2016 – 2017	92	Physics, Chemistry, Biology, Psychology

Events & Certifications

Summer internship:

- Sisters of the People Society NGO (May 2018 - July 2018)
- Mom's Belief (May 2019 - June 2019)
- Institute of Human Behavior and Allied Sciences, IHBAS (June 2019 - July 2019)

Achievements:

- Attended the National Seminar on Psychological Research on 16 March 2019
- Paper presentation: National Seminar on Psychological Research Subjective Well-being of Substance users and nonusers (16 March, 2019)
- Best in Human and Traditional values (MA Clinical Psychology)
- Silver medal in Academics (MA Clinical Psychology)
- Proficient in statistics

Practitioner Certifications:

- Dream analyst, ICPEM
- Graphologist, ISO & International Association of Therapist
- Certified Face reader, ICPEM
- Color Therapist, International Association of Therapist
- Life coach, International Association of Therapist

Work Experience

ORGANISATION	POST	DURATION
Serenity Clinic	Counseling Psychologist	August 2023 – Present
Healing Nest Foundation	Developmental Psychologist	October 2022 – July 2023
Silver Talkies	Face Reading Workshop Facilitator	19 April 2023
Psychoshiksha	Face Reading, Dream Analysis, Life Coach, Color Therapy Practitioner Course Facilitator	January 2023 – Present
Mind Unnati	Founder	December 2022 – Present
Evershine Club	<ul style="list-style-type: none"> ● Event moderator ● Graphology expert 	November 2022 – October 2023
Evergreen Club	<ul style="list-style-type: none"> ● Event moderator ● Graphology expert 	June 2022 – September 2022
WeSocial Network	Social Media & Event Manager	July 2021 – May 2022
We Avec U	<ul style="list-style-type: none"> ● Research Assistant ● Head of Research, Development and Training 	December 2020 – May 2021
	Psychology Subject matter facilitator	May 2021 – September 2021
Raahat	Core team member	June 2020 – August 2021

Extra-Curricular Activities

- Member of the Dramatics Society (Bloom Public School)
- Trained Kathak dancer, affiliated to Prayag Sangeet Samiti, Allahabad.
- Chief Event Coordinator of the Economics Society of Bharati College
- Core member of the Mental Health Club at Bharati College, Delhi University (2018-19)
- President of the Psychology Department, Bharati College, Delhi University (2019-20)

Personal dossier

Areas of interest: Anchoring/ hosting, Group Discussions, Teaching

Linguistic Competencies: Fluency in English & Hindi